



HELLENIC AQUATICS  
FEDERATION  
ΚΟΛΥΜΒΗΤΙΚΗ ΟΜΟΣΠΟΝΔΙΑ ΕΛΛΑΔΑΣ

# SWIMMING

www.koe.org.gr




## ACROPOLIS JUNIOR

10-11 MAY 2025

OLYMPIC ATHLETIC CENTER OF ATHENS



## ACROPOLIS JUNIOR 2025

Dear Friends,

Hellenic Swimming Federation organizes the **Acropolis Junior 2025**.

**Date of Competition:** The competition is going to be conducted from May 10<sup>th</sup> to May 11<sup>th</sup> 2025 in the city of Athens (Athens Olympic Aquatic Centre).

**Eligible age groups:** Swimmers Boys and Girls born in 2015, 2014, 2013 (10-11-12 years old).

**Timing:** Electronic timing system.

**Competition Swimming Pool:** 50m indoor swimming pool (8 lanes).

**Warm up Pool:** 50m outdoor swimming pool (8 lanes), will be available for warm up and swimdown.

**Rules:** The competition will follow the World Aquatics and the HSF Rules.

### COMPETITION

- The competition will take place over two (2) days and will consist of four (4) sessions, as outlined in Table 1.:
  - Saturday 10.5.2025 morning 09:00 and afternoon 17:00
  - Sunday 11.5.2025 morning 09:00 and afternoon 16:00
- Every swimmer can participate up to 6 individual events (3 in competition and 3 out of competition) with no restriction in relay events.
- In case of participation at 3 individual events at least 2 must be of different swimming styles and up to 2 of 50m distance.
- All the swimmers can participate up to 2 individual events in the different competition sessions.

### Format:

The Competition will be held according to the following format:

- 50m individual events are going to be conducted in Heats and Finals in the morning and afternoon sessions. In the Finals the 8 best times from the Heats will participate for each category (Boys/Girls 10-11-12 years old).
- The Finals will feature the events for 100m, 200m, 4X50m, and 6X50m.
- Heats will be organized based on the top performances of athletes recorded between October 1, 2024, and April 27, 2025.
- Results will be announced separately for each age group (10-11-12 years old).

**TABLE 1: PROGRAM**

<i>1st Session 10.05.2025</i>		<i>Start 09:00</i>
<b>Event</b>	<b>Age</b>	<b>Round</b>
50m Freestyle	Boys 10	Heats
50m Freestyle	Boys 11	Heats
50m Freestyle	Boys 12	Heats
50m Freestyle	Girls 10	Heats
50m Freestyle	Girls 11	Heats
50m Freestyle	Girls 12	Heats
200m Breaststroke	Boys 11	Finals
200m Breaststroke	Boys 12	Finals
200m Breaststroke	Girls 11	Finals
200m Breaststroke	Girls 12	Finals
50m Freestyle	Boys 10	Finals
50m Freestyle	Boys 11	Finals
50m Freestyle	Boys 12	Finals
50m Freestyle	Girls 10	Finals
50m Freestyle	Girls 11	Finals
50m Freestyle	Girls 12	Finals
100m Backstroke	Boys 10	Finals
100m Backstroke	Boys 11	Finals
100m Backstroke	Boys 12	Finals
100m Backstroke	Girls 10	Finals
100m Backstroke	Girls 11	Finals
100m Backstroke	Girls 12	Finals
4X50m Freestyle Team (Mixed)	Boys/Girls 10	Finals
4X50m Freestyle Team (Mixed)	Boys/Girls 11	Finals
4X50m Freestyle Team (Mixed)	Boys/Girls 12	Finals

<i>2nd Session 10.05.2025</i>		<i>Start 17:00</i>
<b>Event</b>	<b>Age</b>	<b>Round</b>
50m Butterfly	Girls 10	Heats
50m Butterfly	Girls 11	Heats
50m Butterfly	Girls 12	Heats
50m Butterfly	Boys 10	Heats
50m Butterfly	Boys 11	Heats
50m Butterfly	Boys 12	Heats
100m Breaststroke	Girls 10	Finals
100m Breaststroke	Girls 11	Finals
100m Breaststroke	Girls 12	Finals
100m Breaststroke	Boys 10	Finals
100m Breaststroke	Boys 11	Finals
100m Breaststroke	Boys 12	Finals
50m Butterfly	Girls 10	Finals

50m Butterfly	Girls 11	Finals
50m Butterfly	Girls 12	Finals
50m Butterfly	Boys 10	Finals
50m Butterfly	Boys 11	Finals
50m Butterfly	Boys 12	Finals
200m Freestyle	Girls 10	Finals
200m Freestyle	Girls 11	Finals
200m Freestyle	Girls 12	Finals
200m Freestyle	Boys 10	Finals
200m Freestyle	Boys 11	Finals
200m Freestyle	Boys 12	Finals
4X50 Team Medley	Girls 10	Finals
4X50 Team Medley	Girls 11	Finals
4X50 Team Medley	Girls 12	Finals
4X50 Team Medley	Boys 10	Finals
4X50 Team Medley	Boys 11	Finals
4X50 Team Medley	Boys 12	Finals

<i>3rd Session 11.05.2025</i>		<i>Start 09:00</i>
<b>Event</b>	<b>Age</b>	<b>Round</b>
50m Breaststroke	Girls 10	Heats
50m Breaststroke	Girls 11	Heats
50m Breaststroke	Girls 12	Heats
50m Breaststroke	Boys 10	Heats
50m Breaststroke	Boys 11	Heats
50m Breaststroke	Boys 12	Heats
100m Freestyle	Girls 10	Finals
100m Freestyle	Girls 11	Finals
100m Freestyle	Girls 12	Finals
100m Freestyle	Boys 10	Finals
100m Freestyle	Boys 11	Finals
100m Freestyle	Boys 12	Finals
50m Breaststroke	Girls 10	Finals
50m Breaststroke	Girls 11	Finals
50m Breaststroke	Girls 12	Finals
50m Breaststroke	Boys 10	Finals
50m Breaststroke	Boys 11	Finals
50m Breaststroke	Boys 12	Finals
200m Backstroke	Girls 11	Finals
200m Backstroke	Girls 12	Finals
200m Backstroke	Boys 11	Finals
200m Backstroke	Boys 12	Finals
6X50m Freestyle (mixed)	Girls 10-11-12	Finals
6X50m Freestyle (mixed)	Boys 10-11-12	Finals

<i>4th Session 11.05.2025</i>		<i>Start 16:00</i>
<b>Event</b>	<b>Age</b>	<b>Round</b>
50m Backstroke	Boys 10	Heats
50m Backstroke	Boys 11	Heats
50m Backstroke	Boys 12	Heats
50m Backstroke	Girls 10	Heats
50m Backstroke	Girls 11	Heats
50m Backstroke	Girls 12	Heats
200m Ind. Medley	Boys 10	Finals
200m Ind. Medley	Boys 11	Finals
200m Ind. Medley	Boys 12	Finals
200m Ind. Medley	Girls 10	Finals
200m Ind. Medley	Girls 11	Finals
200m Ind. Medley	Girls 12	Finals
50m Backstroke	Boys 10	Finals
50m Backstroke	Boys 11	Finals
50m Backstroke	Boys 12	Finals
50m Backstroke	Girls 10	Finals
50m Backstroke	Girls 11	Finals
50m Backstroke	Girls 12	Finals
100m Butterfly	Boys 11	Finals
100m Butterfly	Boys 12	Finals
100m Butterfly	Girls 11	Finals
100m Butterfly	Girls 12	Finals
4X50m Team Medley (mixed)	Boys/Girls 10	Finals
4X50m Team Medley (mixed)	Boys/Girls 11	Finals
4X50m Team Medley (mixed)	Boys/Girls 12	Finals

- *The finalized timetable will be provided once the entry process is complete*
- *In the relay events **4X50m mixed**, must participate 2 boys and 2 girls at the same age group (10/11/12 years old).*
- *In the relay events **6X50m mixed**, must participate 2 swimmers of the same gender from each age group, 10, 11 & 12 years old.*

#### **Entries and Withdrawals:**

- Entry fee: 15€ per athlete and should be paid at any of the following bank accounts.:
  - **NATIONAL BANK- IBAN:** GR66 0110 0800 0000 0804 8090 172
  - **EUROBANK- IBAN:** GR82 0260 2770 0007 0020 1520 045
  - **ALPHA BANK- IBAN:** GR15 0140 1470 1470 0232 0003 260
  - **PIRAEUS BANK- IBAN:** GR91 0171 7270 0067 2716 3708 450
- All entries must be submitted by Wednesday, April 30th through the HSF submission link.

- You will receive a username and password to access and submit your entry.
- On Tuesday May 6<sup>th</sup> the initial entry list is going to be uploaded on the HSF home page (koe.org.gr)
- Withdrawals and corrections will be accepted until Friday May 9<sup>th</sup> at 14:00 (at the latest).
- Withdrawals will be accepted at every session before the end of the previous session at the official platform and the front desk.
- Team entries will be accepted at the official platform.

### Ranking:

- The first 80 swimmers at each individual event and category will be rated as followed:

INDIVIDUAL EVENTS																	
RANKING	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	..>>	80th
POINTS	100	95	91	88	85	82	80	78	76	74	72	70	68	67	66	...>>	1

- The 8 best swimmers of each category with the most points in total will be given prizes and gifts.
- Every club will be ranking as followed:

	INDIVIDUAL EVENTS		TEAM EVENTS
RANKING	1 <sup>ST</sup> - 3 <sup>RD</sup>		1 <sup>ST</sup> - 3 <sup>RD</sup>
POINTS	2		3

- The club with the most points will win a prize.

### Prizes:

- Medals and certifications will be nominated to the first 3 of each event individual and team.
- Prizes to the 1<sup>st</sup> of each individual event.
- Prizes to the 1<sup>st</sup> team of each team event.
- The ACROPOLIS JUNIOR 2025 prize to the club with the most points in total.
- Gifts and sport equipment to the first 8 of each event.